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|  | \*Breakfast  8.00 | Circle  10.00 | Lunch  11.30 | Pudding | Tea  3.00 | Snack  5.00 | Babies&  Toddlers\* | Special dietary requirements |
| Monday | **\*Wholegrain cereal- (Weetabix, Shreddies)**  **Orange with water served.**  C.C.G/M | Apple and banana- Milk or water M | Vegetable and lentil pasta bake with mixed salad (carrot, cucumber, lettuce)  C.C.G/M | Peach cobbler- Water | Sardines toast dried wonder berries -  water F/CCG | Oatcakes- Milk or water  C.C.G/M  May contain N/M | \*Stewed mango |  |
| Tuesday | **\*Wholegrain cereal- (Porridge, Weetabix)**  **Apple with water served.**  **C.C.G/M** | Rice cakes-  Milk or water M  May contain S | Chicken casserole with mashed potatoes and green beans | Yogurt- Water  M | Minestrone soup with butterbeans and crackers  Mandarin in juice-  water  C.C.G/M/E | Carrot and cucumber sticks-  Milk or water M |  | \*Vegetable and chickpea casserole  \*Vegetable soup |
| Wednesday | **\*Whole grain cereal- (Shredded wheat, malt loaf)**  **Banana with water served**  **C.C.G/M** | Melon and orange-  Milk or water M | Sweet potato, marrow, pumpkin and butter bean soup with bread rolls  M/CCG | Stewed pears and custard- Water  M | Egg sandwiches  Dried plums-  water  C.C.G/M/E | Breadsticks-  Milk or water C.C.G/M  May contain N/M |  | \*Cheese and hummus sandwiches C.C.G/S.S/M |
| Thursday | **\*Whole grain cereal- (Toast, shreddies)**  **Apple with water served C.C.G/M** | Scotch pancakes-  Milk or water  C.C.G/M | Curried bean casserole with boiled potatoes and broccoli | Fresh fruit platter (melon, grapes, kiwi, apple)- Water | Turkey and salad wrap  Rice pudding-  water  C.C.G/M | Celery and sweet pepper- Milk or water C/M |  | \*Beans on toast  C.C.G/M |
| Friday | **\*Wholegrain cereal- (Weetabix, shredded wheat)**  **Banana with water served**  **C.C.G/M** | Grapes and pears-  Milk or water M | Lamb stew with rice and cabbage | Semolina- Water  CCG/M | Pitta bread with hummus  Baked banana-  water C.C.G/E/M | Cracker bread with cheese spread-  C.C.G/M |  | \*Vegetable stew (Carrot, broccoli, peas and haricot beans) |

**14 ALLERGENS: CELERY (C), CEREALS CONTAINING GLUTEN (C.C.G), CRUSTACEANS (CR), EGGS (E), FISH (F), LUPIN (L), MILK (M), MOLLUSCS (MO), MUSTARD (MUST), NUTS (N), PEANUTS (P), SESAME SEEDS (S.S), SOYA (S), SULPHUR DIOXIDE/SULPHATES (S.D)\|**